

To Authors:

Detailed submission steps are available in this graphic Instruction Manual/PPT.

<https://pse.is/8p67zn>

Author Submission Process

1. Basic Information
 - (1) Fill in the manuscript language, type, Chinese and English titles, abstract, and keywords.
 - (2) If the journal has enabled the "Manuscript Theme" function, the author must select a theme before the manuscript can be submitted.
2. File Upload
 - (1) Upload the "Title Page": This file includes the title, author information, notes, or acknowledgments for editorial identification and is not used for review.
 - (2) Upload the "Main Document": Authors must remove all identifying information from this file to ensure it is suitable for the blind review process.
 - (3) Optional: You may upload other supplemental files such as figures, tables, summaries, or research data.
3. Author Information
 - (1) The system will automatically pull the basic information of the submitter.
 - (2) You can click "Add Author" to include co-authors.
 - (3) You can manually set the author order and must designate at least one person as the "Corresponding Author".
4. Citation Format Check
 - (1) Authors can paste references into the tool to verify they follow APA formatting.
 - (2) This step is optional; you may skip it if not needed.
5. Reviewer Suggestions
 - (1) Submitters can provide a list of recommended reviewers or individuals who should be excluded from the review.
 - (2) This step is optional; you may skip it if not needed.
6. Declarations
 - (1) Confirm basic manuscript information and enter the number of images, tables, and the total word count.
 - (2) Check required declarations, including: the manuscript has not been published elsewhere, it complies with academic ethics, and the main

document has been anonymized for blind review.

Support & Follow-up

- **Submission Help:** If you encounter difficulties or need journal staff to submit on your behalf, you can describe your problem or upload files for assistance.
- **Check Reviewer Comments:** After receiving a revision notice, authors can log in to view reviewer comments and resubmit the revised manuscript for further review.
- **Submission History:** Authors can view records of completed manuscript processes (e.g., formal rejection, acceptance for publication, or withdrawal) on their personal dashboard.